



# The MCSA Domestic Violence Shelter

Local Crisis Line: 563-263-8080

- 24-hour offsite shelter for survivors of domestic violence, rape, sexual assault, family violence, human trafficking, and other violent crimes
- Safe, secure, free and confidential services offered by trained advocates
- Counseling and emotional support
- Safety planning
- Information/referral to community resources
- Assistance with job and housing searches, food, clothing, and basic needs
- Support group and family enrichment program
- Guest-centered case management and advocacy

Find more  
information at  
[mcsaiowa.org/DV](http://mcsaiowa.org/DV)



# Are You Impacted by Domestic Violence?

Physical Abuse: Hitting, slapping, pushing, using weapons or force to cause harm

Verbal Abuse: Constant criticism, humiliation, yelling, insulting

Sexual Abuse: Forcing sex on or sexually touching an unwilling partner, demanding sexual acts or favors, degrading treatment

Isolation: Keeping victim away from friends & family, monitoring phone usage, controlling where victim goes, withholding car keys

Coercion: Making victim feel guilty, sulking, manipulating children or family, setting impossible rules and punishing victim for breaking them

Harassment: Stalking, following, embarrassing victim in public, refusing to leave or stop contacting when asked

Economic Control: Withholding money, keeping victim from work or school, not allowing the victim to get a job

Threats & Intimidation: Threatening to harm the victim, children, family, pets

Peace Begins at Home